

BALGRIST INTERNATIONAL SHOULDER COURSE 2022

September 29th - October 1st, 2022

*****PRELIMINARY PROGRAM*****

Thursday, 29 September 2022

Main topic: Rotator Cuff (RC) repair techniques

| Time | Duration | Topic | Speaker | Type |
|-------|----------|--|------------|-----------------|
| 08:00 | | Registration | | |
| 08:20 | 10 | Welcome | Wieser | |
| 08:30 | 15 | Biomechanics of the Rotator cuff | Athwal | Presentation |
| 08:45 | 15 | Risk factors for RC tear | Alta | Presentation |
| 09:00 | 15 | Partial tears: Indications for operative repair and techniques | Scheibel | Presentation |
| 09:15 | 30 | Live surgery: Arthroscopic PASTA repair | Raiss | Live Surgery |
| 09:45 | 30 | Coffee Break | | |
| 10:15 | 30 | My preferred technique for treating PASTA lesions | Bouaicha | Moderator |
| | | | Higgins | Panel |
| | | | Warner | Panel |
| | | | Zumstein | Panel |
| | | | Werthel | Panel |
| 11:00 | 15 | Subscapularis tears (diagnosis and repair techniques) | Lafosse L. | Presentation |
| 11:15 | 30 | My preferred technique for treating Subscapularis lesions | Grubhofer | Moderator |
| | | | Calvo | Panel |
| | | | Valenti | Panel |
| | | | Verborgt | Panel |
| | | | Moroder | Panel |
| 11:30 | 45 | Live surgery: Arthroscopic subscapularis repair | Athwal | Live Surgery |
| 12:15 | 75 | Lunch symposium Stryker | Neyton | Lunch symposium |
| | | | Collin | |
| | | Lunch symposium Smith & Nephew | Wieser | Lunch symposium |
| | | | Lafosse L. | |
| | | | Scheibel | |
| 13:30 | 15 | Natural history of RC tears | Wieser | Presentation |
| 13:45 | 15 | Midesize to massive tears: What are indications for operative repair | Calvo | Presentation |
| 14:00 | 15 | Is there still a place for a single row repair | Jost | Presentation |
| 14:15 | 15 | Whats the evidence for a double row repair | Moroder | Presentation |
| 14:30 | 60 | Live surgery: Arthroscopic Double Layer Lasso Loop RC repair with biologic | Lafosse L. | Live Surgery |
| 15:30 | 30 | Coffee break | | |
| 16:00 | 30 | My preferred posterosuperior RC repair technique | Bouaicha | Moderator |
| | | | Neyton | Panel |
| | | | Alta | Panel |
| | | | Raiss | Panel |
| | | | Scheibel | Panel |
| 16:30 | 15 | Clinical and structural long term results of RC repairs | Collin | Presentation |
| 16:45 | 15 | Biological enhanced RC healing: what works, what doesn't and what is the | Zumstein | Presentation |
| 17:00 | 15 | What is the value of RC repair and how should we measure it? | Warner | Presentation |
| 17:15 | 15 | Structural or biological patches: Any evidence and what do I expect from | Werthel | Presentation |
| 17:30 | 15 | Acromioplasty: anterior, lateral, not at all? | Lädemann | Presentation |
| 17:45 | 15 | Indications and technique for suprascapular nerve release in RC repair? | Lafosse T. | Presentation |
| 18:00 | 30 | Case Discussion and Wrap up | Wieser | Moderator |
| | | | Collin | Panel |
| | | | Lafosse L. | Panel |
| | | | Athwal | Panel |
| | | | Valenti | Panel |
| 18:30 | | Balgrist Campus Tour and Apero riche (Campus) | | |

BALGRIST INTERNATIONAL SHOULDER COURSE 2022

September 29th - October 1st, 2022

*****PRELIMINARY PROGRAM*****

Friday, 30 September 2022

Main topic: Rotator Cuff (RC) augmentation & tendon transfers

| Time | Duration | Topic | Speaker | Type |
|-------|----------|---|------------|-----------------|
| 08:00 | 15 | Postoperative evaluation of RC tendons: What is a clinically relevant? | Collin | Presentation |
| 08:15 | 15 | Prediction of RC repair failure: Will AI help? | Lädemann | Presentation |
| 08:30 | 15 | Clinical and radiographic signs of an irreparable RC tear | Raiss | Presentation |
| 08:45 | 15 | Revision arthroscopic RC repair: When does it work? | Calvo | Presentation |
| 09:00 | 75 | Live surgery: Arthroscopic-assisted latissimus dorsi tendon transfer | Wieser | Live Surgery |
| 10:15 | 30 | Coffee break @ industry exhibition | | |
| 10:45 | 15 | Biomechanical bases of Tendon transfers at the shoulder | Werthel | Presentation |
| 11:00 | 15 | Irreparable posterolateral RC tears: Which tendon transfer for which | Valenti | Presentation |
| 11:15 | 15 | Superior capsular reconstruction: Indications and outcomes | Scheibel | Presentation |
| 11:30 | 15 | Outcome after latissimus dorsi transfer, lower trapezius transfer and | Warner | Presentation |
| 11:45 | 30 | My preferred technique for the irreparable posterolateral RC tear | Grubhofer | Moderator |
| | | | Collin | Panel |
| | | | Moroder | Panel |
| | | | Calvo | Panel |
| | | | Neyton | Panel |
| 12:15 | 75 | Lunch symposium Medacta | Jost | Lunch symposium |
| | | Lunch symposium Zimmer Biomet | Zumstein | Lunch symposium |
| | | | Wieser | Lunch symposium |
| | | | Verborgt | |
| 13:30 | 75 | Live surgery: Arthroscopic superior capsular reconstruction | Higgins | Live Surgery |
| 14:45 | 15 | Pectoralis major tendon transfer for irreparable subscapularis tears | Jost | Presentation |
| 15:00 | 15 | Anterior latissimus dorsi transfer for irreparable subscapularis tears | Lafosse T. | Presentation |
| 15:15 | 30 | Coffee break @ industry exhibition | | |
| 15:45 | 30 | My preferred technique for the irreparable Subscapularis tear | Bouaicha | Moderator |
| | | | Verborgt | Panel |
| | | | Alta | Panel |
| | | | Lafosse L. | Panel |
| | | | Zumstein | Panel |
| 16:15 | 15 | The borderline between joint preservation and RTSA - Factors which lead me to decide for one or the other: The US way | Warner | Presentation |
| 16:30 | 15 | The borderline between joint preservation and RTSA - Factors which lead me to decide for one or the other: The French way | Neyton | Presentation |
| 16:45 | 45 | Case discussion: Irreparable RC tear | Wieser | Moderator |
| | | | Valenti | Panel |
| | | | Boileau | Panel |
| | | | Scheibel | Panel |
| | | | Athwal | Panel |
| | | | Raiss | Panel |
| 17:30 | | End of day | | |
| 18:30 | | Course dinner at the Restaurant „Zunfthaus zur Zimmerleuten“ | | |

BALGRIST INTERNATIONAL SHOULDER COURSE 2022

September 29th - October 1st, 2022

*****PRELIMINARY PROGRAM*****

Saturday, 1 October 2022

Main topic: Reverse Total Shoulder Arthroplasty (RTSA)

| Time | Duration | Topic | Speaker | Type |
|-------------|-----------------|---|--|---|
| 08:00 | 15 | Biomechanics of RTSA: Best position and implant design | Werthel | Presentation |
| 08:15 | 15 | BIO-RSA: Biology first | Boileau | Presentation |
| 08:30 | 15 | Augmented Baseplates: Metal always wins | Scheibel | Presentation |
| 08:45 | 15 | Preoperative planning and computer assisted surgery in RTSA: where are we today and what do we really need? | Verborgt | Presentation |
| 09:00 | 75 | Live Surgery: RTSA using mixed / virtual reality | Neyton Athwal | Live Surgery |
| 10:15 | 30 | Coffee Break @ industry exhibition | | |
| 10:45 | 15 | The humeral component: Inlay versus onlay | Collin | Presentation |
| 11:00 | 15 | How to improve internal Rotation after RTSA | Valenti | Presentation |
| 11:15 | 15 | How to improve external Rotation after RTSA | Athwal | Presentation |
| 11:30 | 15 | Value based medicine: What is the value of RTSA and what technology really improves patients outcome? | Warner | Presentation |
| 11:45 | 30 | My preferred planning, execution and RTSA implant design | Bouaicha Lädermann Verborgt Calvo Lafosse T. | Moderator Panel Panel Panel Panel |
| 12:15 | 75 | Lunch symposium Arthrex | Moroder Raiss | Lunch symposium |
| 13:30 | 75 | Live Surgery: RTSA using next AR (Medacta) | Zumstein | Live Surgery |
| 14:45 | 15 | Outcome and Long term survival after RTSA | Raiss | Presentation |
| 15:00 | 15 | Most common complication after RTSA and how to avoid them | Lafosse L. | Presentation |
| 15:15 | 15 | Discussion and Wrap up | Wieser | |
| 15:30 | 5 | Closing remarks | Wieser | |