

Screening Tool for Female Athletes

Proposed by Manon Wassenberg, medical student, under supervision of Dr Jacot-Guillarmod, Dr Ackerman, and Dr Wenger, 2025

* Sports with aerial or gravitational component: climbing, high jump, equestrian sports, ski jumping.

Endurance sports: running, cycling, triathlon, swimming, cross-country skiing

Weight-category sports: combat sports, weightlifting

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Aesthetic sports: figure skating, dance, gymnastics, synchronized swimming

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** Ignore if hormonal contraception is used

References

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