# Sports ER

# Medical Emergency Management in Sport - 'Advanced' Level

## **Course Programme**

### Day 1

Time	Activity
0815	Participant Registration
0830	Opening Address / Faculty Introduction / Sports Context (MH)
0900	Personal Experiences / Medical Emergency Action Plans (GW)
0945	Assessment and Recognition of the Critically ill/injured Player (MH)
1015	Break
1030	Assessment and Recognition of the Critically ill/injured Player cont'd / Manageable Positions (GW)
1130	Emergency Medical Kit Familiarisation (MH)
1200	Lunch
1245	Airway and Breathing Management - manual manoeuvres / adjuncts / ventilation (MH)
1400	Sudden Cardiac Arrest - Assessment Recognition and Management
	Cardio-Pulmonary Resuscitation / Automated External Defibrillator Use (GW)
1430	Break
1445	Sudden Cardiac Arrest - Assessment, Recognition and Management CPR/ AED cont'd (GW)
1530	ALS Assessment
1700	Close

### Day 2

Time	Activity
0900	Chest/Abdominal/Pelvic Injury / Shock - Assessment Recognition and Management (MH)
1015	Spinal Injury - Assessment Recognition and Management / Manual Stabilisation / 'Handovers' (GW)
1100	Break
1115	Spinal Injury Assessment - 'Clearance' / Recognition - Collar Sizing and Application (MH)
1230	Lunch
1315	Spinal Injury Management - Full Immobilisation / Stretcher / Straps / Head Blocks / Evacuation (GW)
1500	Break
1515	Sport-Related Concussion / Head/Facial Injury - Assessment Recognition and Management (MH)
1600	Medical Emergencies - Asthma / Anaphylaxis / Diabetes / Choking (GW)
1700	Close

### Day 3

Time	Activity
0900	Musculoskeletal (MSK) Injury Recognition (MH)
0930	MSK Injury Assessment Recognition and Decision-Making (MH)
1030	Break
1045	MSK Non-Complex Limb Injury Management - splintage/evacuation (MH)
1230	Lunch
1315	MSK Complex Limb Injury Management - wound management/re-alignment/splintage/evacuation (MH)
1415	Theory Assessment
1515	Practical Assessment
1615	Theory/Practical Assessment Resits
1700	Course Summation / Close